



# ROTARY BEACON



The Morehead City Evening Rotary Club

Chartered May 19, 1925



March 10, 2011

Rotary Motto: Service Above Self

Volume 5, Issue 30



Thinking Makes it So

## If We Could Harness the Amazing Power of the Brain, Anything Would Be Possible

Earl Lewis had the program last week. His guest speaker was James Graham, author of two books entitled: *Finding Life* and *In Quest of Sunsets*. James attended the University of North Carolina on a full academic scholarship earning his degree in Chemistry. After graduation he attended Life University School of Chiropractic where he was honored with the National Dean's List Award. He has been in private practice in Beaufort since 2000, concentrating in spinal arthritis, disc degeneration and injuries, headaches and neurological conditions.

The title of James' speech was The Amazing Power of the Brain. "With the mind, everything is possible," he said. To illustrate his point, he told the story of a man who accidentally locked himself up in a refrigerator car. Thinking that he would never survive the night in an icebox, he wrote this note: "Getting so cold, my body is numb." The next morning he was found dead. The box car, however was not working and the temperature never got below 61 degrees. That is the power the mind has over the body. Thinking makes it so.

James told several anecdotes to support his theory that the mind can influence the body to a great degree. "Prayer," he said, "can produce amazing results. Studies have shown that if a person is sick and has a group praying for him, he will get better whether or not he know he is being prayed for. The efficacy of prayer is something we do not understand, but it works."

### TONIGHT'S SPEAKER

Jim Gregson has the program tonight. His guest speaker is Joan Cantor, Chairperson of Interfaith Community of Churches Homeless Task Force. Joan hopes to have at least 13 churches, the number needed to start the program, committed by the end of March. The task force has already begun placing drop boxes in the shape of houses in county agencies and businesses where those needing assistance can place their contact information. It is also a place for those interested in helping to put their contact information. Ms. Cantor said she had already begun receiving requests for help. Although the task force has not yet obtained its nonprofit status, Matthew 25 has agreed to serve as the entity to handle donations for the group.



Joan Cantor, Chairperson Interfaith Community of Churches

#### The Four-Way Test

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?



## Program Schedule for March-April

Date	Rotarian	Ave. of Service
Mar 17	John Nelson	Comm. Service
Mar 24	Tommy Noe	Comm. Service
Mar 31	Herb Phillips	Comm. Service
April 7	Jim Phillips	Inter. Service
April 14	Herb Phillips	Inter. Service



President James Walker presents James Graham with the traditional Rotary coffee cup for presenting a talk on "The Power of the Mind". It is hard to tell who is happier, James Walker for presenting the cup or James Graham for receiving it.



**The Good Ol' Days:** Bet Dowty frying up some saugages. Whatever happened to our Pancake Sale fund raiser?

## ROTARY CLUB OFFICERS

**PRESIDENT**  
James Walker

**PRESIDENT-ELECT**  
Dave Lindsay

**SECRETARY**  
Jim Gregson

**TREASURER**  
David Hall

**PAST PRESIDENT**  
David Bradley

**Avenues of Service Directors**  
*Dick Rogers, Voc. Service*  
*Jim Chalk, Com. Service*  
*David Bradley, Inter. Service*  
*Stanley Harrell, Club Service*

**Sergeant-at-Arms**  
*Bet Dowty*

### Members

<i>Brian Boyette</i>	<i>John Nelson</i>
<i>Win Chalk</i>	<i>Tom Noe</i>
<i>Darden Eure, Jr.</i>	<i>Herb Phillips</i>
<i>Shelby Freeman</i>	<i>Jim Phillips</i>
<i>Jim Garner</i>	<i>Council Renfrow</i>
<i>Albert Gaskill</i>	<i>Denius Thompson</i>
<i>Sonny Geer</i>	<i>Milton Tripp</i>
<i>Jim Gregson</i>	<i>Neil Whitford</i>
<i>Earl Lewis</i>	

*To Submit Articles to the Rotary Beacon*

*Call: 726-7460 (or)*  
*Email: dickrogers28@yahoo.com*  
*Deadline for submitting articles is Tuesday*  
*prior to the Thursday meeting.*

## The Secret of Happiness

Let your interests be as wide as possible and let your reactions to things and people that interests you be friendly rather than hostile.

## Ace of Spades Drawing

46 Cards Remain in Deck



### Tonight's Jackpot

**\$269.00**

**CHRISTMAS CHEER FUND**

**\$9.00**