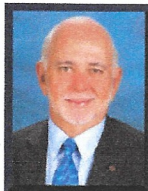




April Clark
District Governor
2018-2019



Barry Rassin
RI President
2018-2019

Oct 25, 2018

Rotary Motto: Service Above Self

District 7730, Club Number 6167
<http://rotarymhc.weebly.com/>

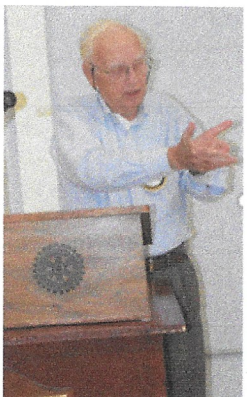
DR. KERRY DAVIS – BreakThrough Physical Therapy



Herb Phillips introduced Dr. Kerry Davis as his personal physical therapist. Kerry graduated from the University of Maryland at College Park and earned a PhD from South College in Knoxville. She has completed her residency in physical therapy and sits for the Boards in April. Kerry and her husband, John, have three sons.

Kerry introduced physical therapy in an holistic way – as a follow-up to other medical problems or as a stand-alone approach to medical problems for which physical therapy might be the first-line solution.

At *BreakThrough* Physical Therapy patients are treated for muscular skeletal pain, balance problems, vertigo, plantar fasciitis, fibromyalgia, and chronic pain among many other conditions.



Referrals to a physical therapist are not required. If your insurance requires a referral, staff will work with your primary care physician to obtain one.

Your physical therapist want to know what's important to you and your health and then designs a plan tailored specifically to your needs. Yes, it does involve exercise! And it's not always easy, but it is worthwhile!



Ace of Spades - \$224
Winner gets \$112
Only 51 cards left!

Happy Birthday!

- Oct 7.....Herb Phillips
- Oct 23.....Calvin Dowty
- Oct 27.....Stanley Harrell
- Nov 6.....Betty Carpenter
- Nov 13.....Jim Chalk
- Nob 20.....Dawn Enterline
- Nov 20.....Shelby Freeman

Program Schedule for October / November 2018

- Oct 25....John Scibal: World Polio
- Nov 1.....Zach Phillips
- Nov 8..... Gerald Renfrow
- Nov 15.....Steve Smith
- Nov 22..Thanksgiving: no meeting

Our Club in Action



THE 4-WAY TEST

2018-2019 Club Officers

- President.....Jim Gregson
- President-Elect.....Zack Phillips
- President-Nominee.....Steve Smith
- Secretary.....Johnny Thompson
- Treasurer.....Jim Garner
- Sergeant-at-Arms.....Gerald Renfrow
- Past President.....Rick Johnson

Club Committee Chairs

- Bulletin Editor.....Carolyn Perrigo
- Club Administration....Darden Eure, Jr
- Fund Raising.....Dean McDonald
- Membership.....Steve Smith
- Public Image.....Dick Rogers
- Rotary Foundation....James Walker, Jr
- Scholarship.....Stanley Harrell
- Service Projects.....David Bradley