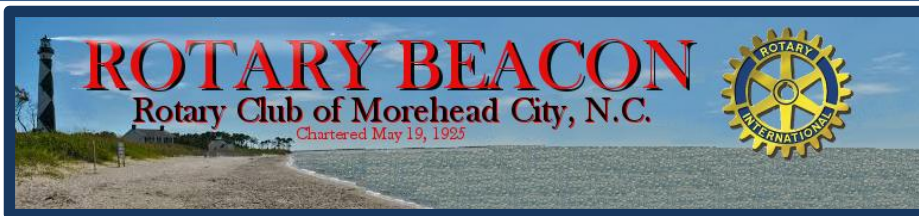




Robert B. (RB) Richey
District Governor
2017-2018



Ian H.S. Riseley
RI President
2017-2018

October 26, 2017 Rotary Motto: Service Above Self

District 7730, Club Number 6167

<http://rotarymhc.weebly.com/>

Last Week

CARTERET COUNTY
Friends of Aging



President Rick introduced Pat Wesson, Director of [Carteret County Friends of the Aging](#) and Marketing Director of [Friendly Caregivers](#) to educate us concerning the many services available to the aging population of Carteret County. Pat introduced herself by telling interesting tidbits of her life married to Earl, a cowboy working with Clayton Moore. Pat's experiences as a primary caregiver began about 20 years ago caring for Earl who died 6 years ago.



Rotarians received a comprehensive review of the many aspects of aging from Pat. She covered memory care issues such as how memory loss affects one's demeanor, home health care versus home care, resources available locally, senior center meals, Meals on Wheels, and helpful publications such as *Creating Moments of Joy Along the Alzheimer's Journey: A Guide for Families and Caregivers*.

Pat acknowledged she has had a fabulous journey in her life, and her message was, "Stay busy, keep joy and humor in your heart, and be happy."



Wouldn't it be nice to have a head full of hair again. Thanks to Dick for picture.

A Challenge for US



Make this water bottle so heavy with coins that by Christmas President Rick will need help to carry it.

Happy birthday!

Herb Phillips.....Oct 7
Stanley Harrell...Oct 27



[Ace of Spades](#)

\$390.00



Rotary Month Designation & Program Schedule October 2017

Economic and Community Development Month

Oct 5.....Dave Lindsay
Oct 12.....Dean McDonald
Oct 19.....John Nelson
Oct 26.....Herb Phillips

November 2017

Rotary Foundation Month

Nov 2.....Zack Phillips
Nov 9.....Johnny Thompson
Nov 16.....Fletcher Poulk
Nov 23.....Gerald Renfrow
Nov 30.....Dick Rogers

"A business house should be as public-spirited as a citizen.... Business is not a beast of prey, but the handmaid of civilization and progress."

—
Code or Creed?, THE ROTARIAN, July 1921



Who can name all of these Rotarians? Thanks to Dick for picture.

2017-2018 Club Officers

President.....Rick Johnson
President-Elect.....Jim Gregson
President-Nominee.....Zack Phillips
Secretary.....Jim Gregson
Treasurer.....David Hall
Sergeant-at-Arms....Gerald Renfrow
iPast President.....Win Chalk

Club Committee Chairs

Membership.....Dean McDonald
Service Projects.....David Bradley
Club Administration..Darden Eure, Jr.
Public Image Chair.....Dick Rogers
Public Image Co-Chair.....Zack Phillips
Rotary Foundation.....James Walker
Bulletin Editor.....Jim Gregson